

Minnesota IFT October Events

MN IFT October Dinner Meeting- October 27th

Supplier's Expo- October 28th

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Reservations for dinner meeting (see page 2):

Register on line at www.mnift.org. On-line credit card payment is preferred or you can pay the night of the event if needed. Reservations are due by Friday Oct. 16 at 5:00pm. If you have questions or need to cancel call 612-590-8902. We have to give final meal counts and payment at this time. If you have registered and can't attend, please let us know you will not be attending.



The 36th Annual IFT Suppliers' Expo

An Expo of Over 240 Suppliers of Ingredients or Services to the Food Industry

Thursday, October 28, 2010

Minneapolis Convention Center
Ballroom A & B

Expo Hours: 1:00 - 5:00 pm

Hors d'oeuvre Social: 4:00 - 5:30 pm



AACC Intl Lunch 11:30-1:00 pm
Room L100 FG, \$40/person

Speaker:

Kevin Ryan

Strategy and Innovation Group Manager at General Mills

Topic: *Future of Food By Looking to Its Past*

Register Online by Oct 22 at aacnet.org or contact rachel.prososki@genmills.com

MN IFT October Dinner Meeting

Date

Wednesday, October
27, 2010

5:00 - 6:30PM
Check-in and Social
Time

6:30PM Dinner

Buffet Menu

Salad: apple, winter greens, candied pecans, Roquefort cheese,

Entrée: Sauteed Salmon, fava beans, fingerling potato, bean sprouts, charred tomato relish

Pork Loin with Braised Cabbage, Apples, Sage

Vegetarian Lasagna, mint pesto, sun dried tomatoes, basil oil

Dessert: Assorted Miniature Desserts

Location

Le Meridien Chambers Minneapolis

901 Hennepin Avenue

Minneapolis, MN 55403 612-767-6900

<http://www.lameridienchambers.com/>

Cost

Members/Guests- \$35.00
Retiree's/Displace Members-
\$15.00
Students- \$5.00

Would you like advertise your company and help out a great cause?
After last year's highly successful Silent Auction, we have continued to set our goals high.



Please help us make this year's goal of raising \$8000.
All proceeds go to the IFT Foundation Scholarship Fund.

Donate to the MN IFT Silent Auction.
Event is Feb 2011, Donations due by Dec 31, 2010

Contact:

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October 2010 Chair Message

You know the old saying, "It's not what you know, it's who you know". Networking is a key way to improve your productivity at work in your current job, and to increase your odds of finding and landing a future job. We are all aware of the popularity of social networks like Facebook to keep in touch with friends, and LinkedIn to keep in touch with business colleagues. Nothing beats the opportunity to start, maintain and improve relationships like face-to-face encounters though. One of the first benefits of IFT membership listed on the National IFT web-site is "Connect with people you want to know ..." The Minnesota Section of IFT offers many ways to make this happen. This month is our biggest networking opportunity, the MN-IFT Suppliers Expo. We have one of the biggest and most successful expos among the IFT sections. This event can help you identify new opportunities and solutions for your business, as well as expand your network. Just make sure you block enough time that day to make it through the whole event! For a more social networking opportunity, look for details about the social event the night before the expo on the MN IFT Section website.

I hope to see you all at the events on the 27th and 28th,

Tonya Schoenfuss

MN IFT SECTION Chair

tschoenf@umn.edu



MN IFT Member Profile: Karen Spartz

Touring the Betty Crocker kitchens as a 3rd grade Girl Scout from Plymouth, MN, Karen Spartz knew she wanted to be part of the food industry when she grew up. Today, she is the Sales Director for colors at Chr. Hansen, where the US color sales force reports to her.

Karen obtained a B.S. in Food Science at the University of Minnesota and has been a member of IFT for 23 years. She has been alternate councilor several times, and even served on the teller committee. She continues her involvement with MNIFT by handling advertisements for the newsletter.

Before joining Chr. Hansen 16 years ago, Karen worked at ConAgra and GristMill (now ConAgra) on a wide repertoire of products including microwave popcorn (ACT II, Orville Redenbacher, etc), ready to eat cereal, fruit filled bars, fruit snacks, graham cracker pie crust, chewy granola bars . She especially enjoyed working on the many flavor and color combinations for microwave popcorn. Surprisingly enough, you won't find any microwave popcorn in Karen's house because she has too many years of eating it! While Karen admits that she would choose ice cream if she had to pick a product to work on for the rest of her career, she recognizes that one of the challenges facing the food industry is producing healthy food that was as fun, convenient and as tasty as junk food.

In her free time, Karen enjoys biking, snow shoeing, travelling, reading, gardening and spending time with her husband and children. Her family likes to hike and bike as much as possible through fall, which happens to be Karen's favorite time of the year. Karen completes her perfect fall days by making caramel apple pudding with cinnamon ice cream. But you will have to contact Karen for this mouth-watering recipe!

-Profile by Hetvi Damodhar

Food Science Club Updates

University of Minnesota-Twin Cities Food Science & Nutrition Club

It is only the fifth week of classes and there are already many opportunities for food science and nutrition students. If you ever have a chance to walk across the Washington Ave. Bridge, look for the FScN Club's mural. Around 20 students from the U of M attended the September MN IFT event. The club continues to encourage students to attend and join IFT. General Mills hosted two events in September including, an informational meeting and a meet and greet meeting. The Product Development Team Kick-Off Event introduced students to 5 different product development teams. There are many opportunities this October for students. Students may volunteer for the Suppliers' Expo and a project with Compatible Technology International (CTI). Various companies like Schwan's and Land O Lakes will talk to students about their company and job opportunities. Check us out on Facebook to stay connected with the club and hear about upcoming events including our Fall BBQ on October 5.



Do YOU have a submission for the newsletter???

The MN Section IFT Newsletter is distributed to *hundreds* of industry professionals, companies, students, and academia across Minnesota, South Dakota, and Wisconsin, and it's available for YOU to use! We, as editors, welcome articles, news, and announcements for the Newsletter. Simply send your questions and submissions to Jackie Koch (jrkoch2@wisc.edu, 612-423-9280) and Bridget McClatchey (BCMcClatchey@landolakes.com, 219-863-4080).

The Minnesota Section Newsletter is published monthly, September through April, as a service to members of the MN Section, Institute of Food Technologists. The opinions in this newsletter are the opinions of the contributors and do not necessarily represent the official position of IFT, nor the Section, and should not be interpreted as such.

It's time again to sign up for **advertising** for the 2009-2010 IFT MN Newsletter. The money earned from the ads helps cover some of the newsletter expenses and remaining funds go towards scholarships. Prices vary depending on your ad size (\$25-200 each ad). It's easy and a great way to reach customers! Contact Karen Spartz (usksp@chr-hansen.com) for more info.

Upcoming Dinner Meetings

November 16, 2010: Katherine Martin Aveda at Walker Art Center

January 24, 2011: Dairy Meeting at Metropolitan Club

Feb 22, 2011: AACC Joint meeting/Silent Auction at
Minneapolis Golf Club

March 21, 2011: Macy Award Seven in Minneapolis

April 26, 2011: Student Night at Como Conservatory

May 17, 2011: Social (For everyone) at Pinstripes

*Look for future notices on additional events being planned.